

Vets News Co-Managed Care  
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Hey Guardsmen/women! If you did NOT receive a pre-separation dental exam, you are eligible to receive a one-time exam and treatment from the VA. YOU MUST APPLY FOR THIS WITHIN 90 DAYS OF DISCHARGE FROM ACTIVE DUTY. If you know someone in the Guard now, please pass this on to them. If you've just separated, give me a call.

**Please** call for appointments. If unable to make any of the above times, I can meet you as needed, on the weekend or evenings.

**Co-managed Care pharmacy policies** have changed! We have a sizable number of folks who are in the "co-managed" category, that is, you see your local docs, and you also go to the VA once a year and get seen there, to get your pharmacy items. Well, there's been a change, and a good one! Used to be, you had to wait until your "annual" appointment to get new meds filled, but now, after getting a new prescription from your local doc, you can call the Fargo VA Medical Center (800-410-9723, Ext. 2681) and ask for the first available appointment to get the new prescription "validated" by the VA medical folks. Remember to take your local medical records and the prescription info with you to the appointment. Normally then, you'll be able to get the new meds immediately from the VA. So, once again with feeling, the old "wait until your yearly appointment" to get a new prescription filled by the VA has been replaced with "call right away and get an appointment" to get your new meds from the VA system.

That's all for this week; if you have any suggestions for these articles, give me call.

Over and out.